# 本清單自2021年1月1日生效

# 中華運動禁藥防制基金會譯製,如中文和英語版本間有任何出入,應以英語版本為準

# THE 2021 MONITORING PROGRAM\*



The following substances are placed on the 2021 Monitoring Program:

# 1. Anabolic Agents:

In and Out-of-Competition: Ecdysterone

#### 2. Beta-2 Agonists:

In and Out-of-Competition: Salmeterol and vilanterol below the Minimum Reporting Level.

#### 3. 2-ethylsulfanyl-1H-benzimidazole (bemitil):

In and Out-of-Competition

#### 4. Stimulants:

*In-Competition only*: Bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol and synephrine.

#### 5. Narcotics:

In-Competition only: Codeine, hydrocodone and tramadol.

#### 6. Glucocorticoids:

*In-Competition* (by routes of administration other than oral, intravenous, intramuscular, or rectal) and *Out-of-Competition* (all routes of administration)

# 2021 年監控計畫

下列物質列入 2021 年監控計畫:

## 1. 同化性製劑:

賽內和賽外: Ecdysterone。

#### 2. 乙二型交感神經致效劑:

賽內和賽外:低於最低報告濃度之 salmeterol 及 vilanterol。

# 3. 2-ethylsulfanyl-1H-benzimidazole (bemitil):

賽內和賽外。

### 4. 興奮劑:

**僅賽內**: Bupropion、咖啡因、尼古丁、phenylephrine、phenylpropanolamine、pipradrol 和 synephrine。

#### 5. 麻醉性止痛劑:

**僅賽內**: Codeine、hydrocodone 和 tramadol。

# 6. 糖皮質素:

**賽內**(非以口服、靜脈注射、肌肉注射或經直腸等途徑投予)以及**賽外**(任何途徑施用)。

\*依世界運動禁藥管制規範(第4.5條)揭示:「世界運動禁藥管制組織應與規範簽署單位及政府協商監控未列在運動禁用清單之物質,以瞭解運動選手濫用藥物之情形。」

<sup>\*</sup>The World Anti-Doping Code (Article 4.5) states: "WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect potential patterns of misuse in sond."